

# FAITH

*changes everything*

## Luke 12:22-34

### Faith Changes How I Face Daily Pressures

#### GETTING STARTED

This week, we are exploring how our faith changes how we respond to the everyday pressures in our lives. To get started, talk about the following:

- We all process the world differently- some with our heads, some with our hearts, some through what we do. Which one of these categories would you place yourself in?
- Knowing how you respond to the world, how does that impact your openness to faith? Are you more skeptical or more open to believing?
- When you hear the phrase "pressures of daily life" what comes to mind for you?

Pray together: God, help us turn to you when our worry feels overwhelming. When we find ourselves in the midst of difficult situations, give us the assurance that you are with us. Help our faith be the thing that guides us through this life. Amen.



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Search "St. Luke's"

*22 He said to his disciples, "Therefore I tell you, do not worry about your life, what you will eat, or about your body, what you will wear. 23 For life is more than food, and the body more than clothing. 24 Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds! 25 And can any of you by worrying add a single hour to your span of life? 26 If then you are not able to do so small a thing as that, why do you worry about the rest? 27 Consider the lilies, how they grow: they neither toil nor spin; yet I tell you, even Solomon in all his glory was not clothed like one of these. 28 But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, how much more will he clothe you—you of little faith! 29 And do not keep striving for what you are to eat and what you are to drink, and do not keep worrying. 30 For it is the nations of the world that strive after all these things, and your Father knows that you need them. 31 Instead, strive for his kingdom, and these things will be given to you as well. 32 "Do not be afraid, little flock, for it is your Father's good pleasure to give you the kingdom. 33 Sell your possessions, and give alms. Make purses for yourselves that do not wear out, an unfailing treasure in heaven, where no thief comes near and no moth destroys. 34 For where your treasure is, there your heart will be also.*



## Sermon & Scripture Discussion

Read this week's Scripture together, then discuss:

- What part of this Scripture resonates with you the most? What challenges you?
- Pastor Rob said in his sermon, "We live knowing there is a God, but live as if much of life resides in our shoulders." When has this been true in your life?
- Oftentimes, we compartmentalize our faith- we go to church, or participate in something "spiritual" but it is just another thing that we do. How hard or easy is it for you to bring faith into your everyday life?
- Reread v. 24 from this week's Scripture. What does it mean to you that God values you so highly? With that in mind, what would it look like for you to allow God to be in charge?
- Jesus gives the advice to "strive for the Kingdom"- what would it look like for you to do this?

## Prayer Requests

*"There's a God-shaped vacuum in the heart of every person."*

*-Rev. Rob Fuquay*